



## *A Positive Path for Spiritual Living*

*Newsletter, Summer Edition*

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*Embracing our differences—it's one of those simple things that's not necessarily easy. There always seems to be some kind of "gap". The generation gap is one we can relate to. We may remember when the music we liked was deemed evil by our parents. Rock and Roll was the "devil's" music when some of us were young. Now those same musicians are getting lifetime achievement awards. Perhaps our parents didn't understand us because we wanted to express ourselves in different ways from them. We wanted to be free, not follow some rigid and boring plan they had for us. They didn't "get" us and we surely didn't "get" them. Our children probably had the same view of us...and so it goes. Even as adults it can seem dangerous to be too different. In the US, where we proclaim liberty and justice for all, we still have problems with accepting people of different races, cultures and gender identities. Society changes and grows more slowly than individuals and it takes some brave individuals, like Mahatma Gandhi, Rosa Parks, Dr. Martin Luther King Jr., Susan B. Anthony, Angela Davis, Martha P. Johnson and many more who are willing to stand up. There is a gender gap now, people want to be free to express themselves as they are, even though those expressions may not fit into traditional roles. It's time to create new roles. We may not "get" each other for various reasons but we can learn and grow spiritually by being willing to love, accept and support others even when we don't fully understand. This is why we are here; our relationships with each other represent our relationship to our Source and our own Divine/Buddha/Christ nature. Every time we take one step toward accepting someone we don't understand we take that step for all of us and the steps others take help us to have courage to step up. We can do this! Have a great summer all. We love you!*

### ***IN A GENTLE WAY YOU CAN SHAKE THE WORLD- MAHATMA GANDHI***

**SUMMER HIGHLIGHTS...** Please note, this Summer edition covers June, July and August. We will resume monthly newsletters in Sept. For more specific information, additions or changes, please stay in touch with our website, Facebook, and weekly Sunday morning announcements. Also stop by the front table for current information.

**June 9 is New Member Sunday!** We are welcoming four new members who took the Unity Basics class and wish to join Unity of the Mohave Valley!

**Starting The first Sunday in July and going through August we will be offering "Sunday Wisdom Talk and Group Meditation" from 8 am to 9 am.** These non-dualistic, contemplative services will feature a longer meditation time than our regular service allows.

**Also starting in July, we will be having themed Sundays. July 7 is "Backward Sunday."** We will start the service with the closing song and work backward to the beginning! It's a day to be different. Wear your shirt backwards or inside out! Are we playful? This sounds like fun!

**July 28<sup>th</sup> will be an Interfaith Service.** We will be honoring the different faith traditions through the Sunday morning talk, prayers and music. Other themes will be: **"Getting to Know You Sunday"** and **"Comedy Sunday"**. More information will be available soon. We will be looking for new themes also, so hang onto those great ideas you have.

**Starting July 14, we will be offering a five week series of classes on "Unity Prayer"** (see below) taught by Maryann Shepherd, Assistant Minister, Licensed Unity Teacher.

**Special Bingo events for the holidays.** Come on down!!

**Kirtan:** Friday, June 28, at 5:00 pm. Sun, July 21, after the service and Fri, Aug 30, at 5:00 pm.

#### **Dates to Remember:**

##### **June is LGBTQIA pride month**

**June 3 eve to June 4 eve, Eid-al-Fatr:** A major Islamic holiday, marking the end of the month long fasting of Ramadan, the date varies slightly. It is a time for thanksgiving, eating and celebrating.

**June 14, Flag Day:** The anniversary of the adoption of the Stars and Stripes flag by the 2<sup>nd</sup> Continental Congress in 1777.

**June 16, Father's Day:** Whatever kind of relationship you have or had with your father take a little time for what is needed this day, be it celebration, remembrance or healing.

**June 21, Friday: Summer Solstice, First Day of summer,** longest day of the year in the Northern Hemisphere. The Sun is at its northern most point from the equator.

**June 28, Fri, Kirtan:** 5:00 pm at the Shrine building.

**July 4<sup>th</sup>, Independence Day!** Also, don't miss the holiday Bingo Bash that Sunday.

**July 7 through August, Sundays: Group Meditation and Wisdom Talk, 8 am-9am.** In the sanctuary.

**July 14 thru Aug 11, Sundays, from 11:45 am to 1:45 pm.: Unity Prayer class by Maryann Shepherd, LUT.** This is a series of 5 classes which can be taken for credit with Unity Institute. Spiritual Education and Enrichment classes (SEE) give people an opportunity to gain credits toward becoming a Licensed Unity Teacher or Minister. The tuition is \$45.00 for all 5 classes, if you wish to take them for credit. Feel welcome to attend either way. Contact Maryann.

**July 16, Dharma Day:** Buddhist holiday which commemorates the beginning of Gautama Buddha's ministry after reaching enlightenment.

**July 21: Talk by Bo Stewart and Intro to Kirtan with Madhi:** It's always great to hear Bo! Madhi will introduce us all to Kirtan during the service and Kirtan will also follow the service at 11:30! It's inspiring and uplifting "Chanting the names of God!" No experience required.

**Continuing:**

**BirthDay Sunday 1st Sunday of each month- June 2, July 7, August 4:**

Join us for cake and ice cream and snacks after the service.

**Prayer ministry meeting 11:15 am: 2<sup>nd</sup> Sundays, June 9, July 14, Aug 11.**

**Saturdays:** 3 pm, ACIM study group, BHC library.

**Sundays:** Meditation at 9:30 am in the sanctuary, all invited.



WHAT A WONDERFUL 4 MONTHS IT HAS BEEN SINCE WE STARTED BINGO ON SUNDAY AFTERNOONS. WE HAVE ESTABLISHED A WONDERFUL BASE OF PLAYERS AND OUR ATTENDANCE HAS BEEN 35-40 MOST SUNDAYS. THAT IS GREAT! EVEN WITH SNOWBIRDS LEAVING, WE ARE STILL HAVING GREAT ATTENDANCE. WE ARE KNOWN FOR HAVING A FUN BINGO AND HOW NICE OUR WORKERS ARE... OF COURSE, AFTER ALL, UNITY PEOPLE ARE ALWAYS FUN!! WE HAVE BEEN HAVING SOMETHING SPECIAL FOR HOLIDAYS WITH DECORATIONS AND DOOR PRIZES. EASTER WAS FUN WITH PEOPLE IN BUNNY EARS. FOR MOTHER'S DAY WE GAVE EVERYONE CARNATIONS AND CANDY. WE WILL ACKNOWLEDGE FATHER'S DAY WITH SOME SPECIAL PRIZES FOR MEN AND THEN WE WILL, OF COURSE, BE PATRIOTIC FOR JULY 4<sup>TH</sup> WEEKEND. WE WOULD LOVE TO SEE MORE OF OUR UNITY PEOPLE COMING TO SUPPORT THE ENDEAVOR.... YOU DON'T HAVE TO KNOW HOW TO PLAY.... WE WILL TEACH YOU! *LINDA HIXON, BINGO COORDINATOR*

**VOLUNTEER NEWS**

**Prayer ministry:** We have three new prayer ministers who will be calling members with prayer, gratitude and comfort.

**Homeless Outreach Team:** Thank-you so much for the donations of blankets, clothes and hygiene items. We continue to accept donations at the Shrine Club on Sundays or weekdays, between noon and 5 pm, they may be taken to the Resource Center at 2135 Highway 95 suite 145.

**The new 56 bed shelter and day care center** is under construction and scheduled to open in early 2020. Anyone interested in volunteering at the shelter/center can apply for volunteer positions on the [ccaz.org](http://ccaz.org) website or visit the Resource Center and speak to Laurie.

**Project Connect 2020** is in development and scheduled for March 2020, it will pick up where Veterans StandDown ended. For those interested in becoming committee members, we meet on the 3<sup>rd</sup> Thurs of the month at Hope United Methodist Church at 3 pm. Contact Hilary Williams

**FYI, The BHC Homeless Task Force** (this is not our Unity Homeless Outreach Team, although we work with them) meets on the 3<sup>rd</sup> Thurs of the month at 1:30 pm in the City Hall building on Trane St. The Task Force is looking for community support to facilitate the opening of the BHC Homeless Center. Right now the Task Force has approximately 15 core members, representing specific agencies and local churches. They're looking for citizens and local churches/agencies to get involved so they can "hit the ground running" once the shelter opens. If you have questions or are interested, please leave a message with Tara McMullen: 928- 763-0111, Robert Brandefine, Task Force chairman: 928-275-6638 or Jackie MacKenzie: 928-219-2015.

**Volunteer at Food for Families-BHC food bank..** If interested, you can call the office: 928-758-6574 or go in person to Praise Chapel, 590 Hancock Rd, BHC.

**Kitchen:** Continued thanks to those who help set up and cleanup on Sundays!

**A NOTE FROM BO (BERYLANNE) STEWART**

*"HOW CAN I MISS YOU WHEN YOU WON'T GO AWAY?" "I HAVE TO LEAVE. THERE WAS A PARTY." YOU, UNITY OF THE MOHAVE VALLEY, ARE IN MY HEART FOREVER, WHEREVER I AM. YES, SOMEDAY IN THE NEAR FUTURE, I'LL BE MOVING TO KANSAS, CLOSE TO FAMILY. UNDERSTANDING THE LAW OF ATTRACTION, MY STILL BEING HERE COMES AS NO SURPRISE! JOIN ME IN MY VISION TO LIVE CLOSE TO MY MOTHER. AND, WHILE I AM STILL HERE, LET'S EXCHANGE HUGS OFTEN. YOU ARE THE BEST SPIRITUAL FAMILY EVER! IN PERFECT HARMONY, BO*

**AS WE STAY COMMITTED TO TAKING INTENTIONAL STEPS FORWARD ON OUR PATH OF INCLUSION AND AFFIRMATION OF PEOPLE OF DIVERSE GENDER IDENTITIES AND EXPRESSION, WE HAVE BEGUN TO OFFER NAME TAGS WHICH ALSO IDENTIFY OUR GENDER PRONOUNS. FOR THOSE WHO MISSED THE OPPORTUNITY ON MAY 26, LORE WILL AGAIN BE AT THE FRONT TABLE FOR THOSE WHO WOULD LIKE TO RESPOND IN THIS WAY TO HONOR EACH OTHER AND OURSELVES.**

One-liners of the months

June: I wondered why the baseball was getting bigger, and then it hit me.

July: How does Moses make his coffee? Hebrews it.

August: Yesterday, I tried to catch the fog. Mist.

And... We can't resist this one: I took the shell off my racing snail, thinking it would make him faster. If anything, it made him more sluggish.

**We love you... We Love you... We Love You... We Love YOU... ☺**

**SILENT UNITY IS AVAILABLE 24 HOURS A DAY TO PRAY WITH YOU. THE PHONE NUMBER IS 1-800-NOW-PRAY. YOU CAN ALSO SUBMIT PRAYER REQUESTS ONLINE AT [WWW.UNITY.ORG/PRAYER](http://WWW.UNITY.ORG/PRAYER). THERE IS A CONFIDENTIAL PRAYER BOX ON THE FRONT TABLE.**

**NOTE: HEAR SUNDAY MESSAGES, READ THIS NEWSLETTER AND MORE ON OUR WEBSITE.**

**LIKE US ON FACEBOOK!**

**WELCOME TO ALL OUR NEW ATTENDEES, AS WELL AS OUR OLD FRIENDS. WE VALUE YOUR PRESENCE PLEASE FEEL AT HOME IN YOUR SPIRITUAL COMMUNITY**

Newsletter Editor.....Ginny Fletcher

Rev Natalie Lehman, co-minister and Rev Barry Terwilliger, co-minister.

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