



Here we are in the month of Love. The time of Valentines Day, cards, flowers, candy and all that stuff! Real Love doesn't call for that kind of showy display but it does call to us always. We can't perfectly describe love in words, but we can feel it in our hearts if we allow ourselves. How does love feel? Real love feels good, the kind of good as in "God is good." We might have different names for God, seemingly different understandings of what God is or is not. We are always seeking to know God whether we realize it or not because God is our True Nature. In "The Golden Key," New Thought author, Emmet Fox, tells us we can solve any problem of any type by using the Golden Key. This Key is: whatever the problem, be it physical, financial, a relationship with another person, no matter how big or small, stop thinking about the problem and think about God instead. We could say, stop thinking about the problem and think about Love instead, think about everything that is good. Everytime you start to think about the problem change your thoughts to loving thoughts, good thoughts, happy thoughts. It may be tricky at first; it is simple but not always easy. Instead of thinking about the problem or trying to figure out the solution, gently persist in thinking healing, loving words and thoughts for a few minutes. This will help change your mind and move it more closely into alignment with your heart. As you persist in doing this kind of Treatment for any difficulty you will find (perhaps surprisingly) that it works. The solution will arise. Don't try to think ahead what it will be. You don't even have to believe it will work, just do it. As you get more adept, you will find it easier to stop thinking of the trouble and think about God, Good, Love instead. Then, when any seeming conflict comes up you can just throw Love on it, like you would throw water on a fire. Life becomes lighter, easier, happier when we approach everything with Love! What have we got to lose? BTW: Cards, flowers and candy are okay too.

"I AM VERY THANKFUL FOR ALL THE LOVE IN MY LIFE. I FIND IT EVERYWHERE."--LOUISE HAY

Feb 1, Friday: Kirtan Peace Vibrations Experience, 5-6:30 pm, at the Shrine building. The drumming, music and simple chants, which call upon the many names of God, bring a sense of peace, love, joy, relaxation and lead to a meditative state. It is also healing on all levels. Please join us. There is no charge, there will be a goodwill offering. (Also Fri March 1 at the same time.)

Feb 3: Guest Speaker Chris Duarte will present the morning message and lead a workshop at Yoga Prana at 12:30 pm. Chris's story about the *Process of Becoming* promises to inspire us and change the way we view the world.

Feb 3, cont: **It's Birthday Potluck at 11 am: **Please bring a dish to share. Remember, the kitchen staff will leave your dishware on the table to pick up.

Feb 14: Be My Valentine(s) Day.

Mar 1, Friday: Kirtan, 5-6:30 pm (see Feb 1.)

Mar 3: Healing Sunday. Assistant Minister, Maryann Shepherd, LUT, will give a presentation during the service. There will be a healing workshop at 12:30 (location TBA). *The Course in Miracles* says: "To heal is to make whole. Healing occurs on many levels, physical, mental, emotional, spiritual, and all the levels are interconnected (of course.)

Continuing:

Saturdays: 3 pm, ACIM study group, BHC library.

Sundays: Meditation at 9:30 in the sanctuary and bingo at 3 pm, doors open at 2. All are invited!

Feb 10: Angel Network 9 am; Prayer Ministry meeting 11:15 am.

Feb 17: EarthCare meeting 11:15 am.

Men of Unity no longer meet on the third Wed. of the month.



WHAT A SPECTACULAR OPENING DAY FOR BINGO ON JANUARY 20! We had approximately 28 players who, from all indication and comments made, had a spectacular time. The session was upbeat, positive, and fun, with lots of winners. Total payouts were \$360. All the Unity volunteers did a fantastic job taking care of everyone while cheering on the winners. We have a terrific Snack Bar which did great business...especially on ice cream at break. Come join us, play bingo, and support your Unity Community! If you are interested in giving of your time to help, please let me know. **A very special thank you** to Natalie, Maryann and Shirley who helped make this project a reality. Thanks to all who donated door prizes, they were a big hit!
By Linda Hixon, Bingo coordinator.

VOLUNTEER NEWS

THE GROUNDBREAKING FOR THE HOMELESS SHELTER AND DAY CENTER WILL BE THE MORNING OF JANUARY 30TH! The 44 bed facility on Oatman Road, not far from the Shrine Building, will house two separate shelters for women and families and for men; a third for veterans is in the exploratory stage. The construction should be complete within the next 1 to 1 ½ yrs. Donations are being accepted of clothing (preferably sturdy pants, shorts and shirts) and socks and/or shoes. Hilary will be collecting anything brought in to Sunday services and delivering to the current Resource Center (or another agency if more appropriate). Thank you, thank you to all the generous Unitics! We have now opened a new account and are accepting donations. Make checks out to

ANGEL MESSAGES:

Angel Network & all of our Unity family say: Thank-you, thank-you to everyone who has helped with our Bingo project in any way. **Linda Hixon:** We so appreciate your knowledge, planning, hard work, leadership and so much more. **Darrel Hixon:** Your devotion and hard work is noticed by angels, thank-you!



Jerry Bolin: You did an excellent job of calling Bingo, wow! **Kathy and Shirley:** Great job of manning the snack bar. **Maryann, Susan Meier, Bo, &** those who sold tickets, set-up, cleaned-up, everyone: Wonderful team work!

PEACE LOVE JOY HEALING COMPASSION UNITY AWARENESS HAPPINESS WELLBEING KINDNESS CLARITY FUN LOVE PEACE JOY

INFORMATION STATION: TABLE BY FRONT DOOR, PLEASE STOP BY

Please stop at the front table frequently. You will find: flyers & signup sheets for events, signup for emails, including the newsletter (we promise we won't overwhelm you with endless emails, just good stuff now and then), get your own name badge. Here you will also find the Angel message box. Leave a message for someone you appreciate. There are copies of online links; you can choose to have Amazon donate to Unity Spiritual Center at no cost to you when you place an Amazon order or sign up for e-giving. You'll find links to helpful Unity sites. You'll find the latest hardcopy of this newsletter and much more. You can also submit prayer requests.

As we continue our good and pleasant relationship with the Shriners, lets' remember:
Please Do Not Park in the drive on the north side of the building; it is a fire lane and must be kept clear.
Please: No food or drink, other than water, is allowed in the sanctuary. Thank-you. We love you!

WE WILL MISS OUR FRIEND HERB RYDINGS WHO MADE HIS TRANSITION TO THE LIGHT ON JAN 23, 2019

BOARD MEETING HELD JAN 23, 2019: IT WAS BROUGHT UP THAT SEVERAL PEOPLE HAVE WANTED TO MAKE DONATIONS TO BINGO. DUE TO GOVERNMENT REGULATIONS, DONATIONS CANNOT BE MADE DIRECTLY TO BINGO. FUNDS FOR BINGO EXPENSES ARE COMING FROM THE BUILDING FUND UNTIL BINGO BECOMES SELF-SUPPORTING & THE BUILDING FUND IS REPAID. IF YOU WISH TO MAKE A DONATION TO THIS FUND PLEASE SPECIFY: BUILDING FUND; OTHERWISE, DONATIONS GO INTO THE GENERAL FUND WHICH IS VITAL FOR THE OPERATING EXPENSES OF UNITY OF THE MOHAVE VALLEY. WHILE WE HOPE YOU WILL SUPPORT BINGO, PLEASE DON'T LET PLAYING BINGO REPLACE YOUR REGULAR GIVING. THE BOARD ALSO VOTED TO TEMPORARILY POSTPONE THE PEACE POLE PLANTING

REMEMBER AND PASS ON: BINGO CARD SALES START AT 2 PM AND CLOSE AT 2:50 PM.

FACTOID OF THE MONTH: THE FIRST COMPUTER DATES BACK TO ADAM AND EVE. IT WAS AN APPLE WITH LIMITED MEMORY. JUST ONE BYTE AND EVERYTHING CRASHED.

Support our beloved bookstore. Browse our great selection of books and jewelry, CDs and more. We have gift certificates.

SILENT UNITY IS AVAILABLE 24 HOURS PER DAY TO PRAY WITH YOU. THE PHONE NUMBER IS 1-800-NOW-PRAY. YOU CAN ALSO SUBMIT PRAYER REQUESTS ONLINE AT WWW.UNITY.ORG/PRAYER. THERE IS A GREAT MOBILE APP CALLED UPRAV, EASY TO DOWNLOAD AND USE. AT SILENT UNITY YOUR REQUEST IS HELD IN PRAYER FOR 30 DAYS.

**WELCOME TO ALL OUR NEW ATTENDEES, AS WELL AS OUR OLD FRIENDS. WE VALUE YOUR PRESENCE
PLEASE FEEL AT HOME IN YOUR SPIRITUAL COMMUNITY**

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Rev Natalie Lehman, co-minister and Rev Barry Terwilliger, co-minister.

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