



March, the time of spring and new beginnings, signals a time of abundance ahead. Spring brings a profusion of flowers even in the desert, then we look forward to lush new foliage on trees and young sprouts of planted crops, making their way up through the soil. Later, we reap a bounty of ripe fruits and vegetables. Plants don't seem to have to work to achieve this, if their simple requirements of soil, water and light are met. We speak of abundance a lot but sometimes on an individual level we may hear a story of prosperity or success and think to ourselves: "Sure it worked for them, they are: young, smart, strong etc. They have rich relatives or friends or great ideas, while I'm: too old, weak, fearful, etc. It just doesn't happen to people like me." Ok stop right there! First, abundance is not only material prosperity but an abundant life in so many ways. Jesus said: "I came that they may have life and have it abundantly." Thoughts of lack are very powerful, just as powerful as thoughts of abundance. In order to receive the bounty of the universe, we must be willing to accept it. It cannot flow to us if we are resisting the flow. The daily word 1/14/19 says; "I refrain from thoughts of lack...I deny the power of such thoughts and instead *refocus* on the Truth: I inhabit an abundant universe and as a child of God I am blessed." Lets remember some wise words: "Thoughts held in mind, produce after their kind."- Charles Fillmore-Unity co-founder. "What you sow, that shall you also reap." – Bible This spring let's sow seeds of abundance and give them good soil, water and light. We CAN change our thoughts and we can reap abundantly! Let's plant our seeds in the fertile soil of our mind, remove weeds (negative thoughts) while they are small and easy to uproot and *refocus our thoughts*. We can water them with a shower of gratitude for what we already have and let the light of our True Selves shine on them. Really, there's no work involved; be gentle on yourself, watch as the young shoots push up through the soil and with continued care, reap that bounty of whatever your heart desires!

"I CHOOSE TO CREATE AND EXPERIENCE ABUNDANT LIFE"- DW 2/23/19

Mar 1: Friday: Kirtan Peace Vibrations (call and response singing and chanting) at the Shrine Club, 5 pm to 6:30 pm. If you have not experienced this devotional chanting please join us; if you have, we'll see you there! Kirtan will return in May.

Mar 3: Healing Sunday: 10 AM message by Maryann Shepherd, Licensed Unity Teacher, and Assistant Minister. Join Maryann as she shares this inspiring presentation with us. Continue your healing Sunday at **12 pm with "The Feeling of Healing" workshop led by Agneta Bylund, RSCP (Religious Science Practitioner)**, Swedish healer and medium, to be held at Yoga Prana. Release used up energy debris and fill up with Universal Healing Energy... and more.

March 10 to April 7, Every Sunday, 12 pm presented by Maryann Shepherd, LUT, Assistant Minister. This 5 week course is based on the spiritual laws and universal principles that support expressions of health on all levels. The focus will be on Charles and Myrtle Fillmore's, interpretation of how Jesus used and demonstrated healing. We will also learn how the Fillmores (Unity co-founders) brought about their own healings. **Each class session a different** healing modality will be presented; including, Reiki, Qigong, Tapping. Kinesiology will be presented and we will

have time to practice them so they can help us in our own lives and the lives of others. Let's not miss this beautiful course.

No matter how busy we are, there is always time to heal. When we return to our original wholeness, life is effortless!

Mar 17: St Patricks's day. Time for the "wearin' o' the green." It's said, on March 17 everyone is Irish. Hmm, interesting that green is also a healing color.

Mar 20: First Day of Spring and Spring Equinox. This is the time of year when the equator is the part of the earth closest to the sun so both the Northern and Southern Hemispheres have an equally long 12 hour day and night.

April 13, Saturday: Parkway cleanup, 8 am. More information to follow.

Earth Day movie: Date and time TBA,

April 20, Sat: "Woofstock", a fundraiser to benefit the Pet Pantry, will be held at Chamber Park in BHC.

Continuing:

Saturdays: 3 pm, ACIM study group, BHC library.

Sundays: Meditation at 9:30 in the sanctuary, all invited.

Mar 10: Prayer Ministry meeting 11:15 am.

Mar 17: EarthCare meeting 11:15 am.



Many of us have heard the news that our dear, dear friend, frequent speaker, leader of the Grace Notes and Prayer Ministry coordinator, Bo (Berylanne) Stewart, is leaving us. She is being called to return to Kansas to help care for her mother; that is a noble calling and so we must let her go- but ouch! We will surely miss her. She will be leaving us in April. Let's spend the remaining time we have with her to show her how much we love and appreciate her.



Yes, it just keeps getting better! The first 6 weeks showed a steady weekly increase in both paper and snack bar sales. The average number of players has increased from 25 the first three weeks to 43 over the last 3 weeks. Yes we are on our way! Acknowledging that many players are seasonal, the Bingo Team is increasing advertisement. It is also exploring ways to get the word of Unity bingo out to area retirement communities where many people are full-time



residents. This will help us build a good base of regular players. Here's one of the best parts: It's fun!! Everyone has such a good time, both the workers and the players. Our Unity spirit of joy, laughter and fun is contagious. We continue to thank all volunteers in any capacity with special thanks to: **all of us** for helping make this project a reality. Talk about manifestation! Just look at what we can do! Thank-you God/Source/Universe!
Linda Hixon, Bingo Coordinator

VOLUNTEER NEWS

Kitchen: At present we are looking for volunteers to help with the setup and cleanup of the coffee and rolls table. The 2nd, 4th and 5th Sundays are not staffed at present. This just requires coming in a little early to put out coffee, condiments and any snacks that may be in the freezer or brought in. Napkins and disposable silverware completes the set up. After the service, when folks are done with their coffee and snacks just put away items, wipe up the table and clean the coffee maker. A team of 2 can very easily do this. If you would like to volunteer, please see anyone in the kitchen. We surely enjoy our commUNITY time before and after the service; let's keep it going. Thanks in advance!

Book Store: Our beloved bookstore will be transitioning from a fully stocked book store to a much smaller shop. Plans are in the works now as to how this will happen. Because many of us now read e-books, the market for physical books has diminished. Setting up and taking down the store weekly is time consuming. We will continue to carry the Daily Word and the Science of Mind magazines (and maybe a new Unity of the Mohave Valley t-shirt!) Meanwhile there is a gigantic sale of up to 75% off.

Angel Messages: Received in the message box: My prayer minister is so good about calling me. The message is so fitting. It's perfect for what's going on in my life! Thank- you, Mary Jane.

The Angels continue to observe how so many people have donated and continue to donate time, skills and money to Unity of the Mohave Valley. We treasure you all. Thank-you! We love you!

Bingo Team: Linda and Shirley and absolutely everyone who helps. You rock!

The Daily Word is a wonderful way to start your day on the right track. Its easily portable and is a great companion anywhere you go.

On Feb 3rd, Chris Duarte spoke to us during the service and held a brief seminar afterwards. We were all deeply touched by the message Chris shared with us. We are not always what we appear to be physically. Chris was born into a female body with a mind and heart that identified strongly as male. What happens when you appear to be one thing but you know you are something else? Our traditional society with its rigid rules has no place for you. You are discriminated against if you attempt to express who you are and you may suffer verbal, psychological or physical abuse from those you love and from society in general. There is much more to Chris's story that is a great inspiration to all of us. Chris, a transgender man, has founded an organization to help LGBTQ persons in rural areas where there is often virtually no support. The mission now, Chris says, is to speak to as many groups as possible to share a personal journey which will change how people see the world- one group, one person at a time. Thank-you Chris! You can follow Chris on Facebook.

AT UNITY, ALL ARE WELCOME HERE ALL WAYS AND ALWAYS. WE KNOW WE WANT TO SHOW THIS TO THOSE WHO COME TO US BUT SOMETIMES WE ARE UNSURE OF HOW TO ADDRESS THEM OR SPEAK TO THEM. WE NOW INCLUDE ON OUR GUEST CARD THE OPTION OF SHARING A PREFERRED GENDER PRONOUN-PGP. THERE ARE SOME NEWER PRONOUNS IN ADDITION TO HE/HIM, SHE/HER. WE WILL CONTINUE TO OFFER MORE INFORMATION ABOUT THESE. MEANWHILE, USING A PERSON'S NAME IS ALWAYS APPROPRIATE AND, PLEASE, LET'S NEVER LET BEING UNSURE ABOUT A PRONOUN KEEP US FROM BEING THE FRIENDLY, LOVING PEOPLE WE ARE!

SILENT UNITY IS AVAILABLE 24 HOURS PER DAY TO PRAY WITH YOU. THE PHONE NUMBER IS 1-800-NOW-PRAY. YOU CAN ALSO SUBMIT PRAYER REQUESTS ONLINE AT WWW.UNITY.ORG/PRAYER. AND THERE IS A GREAT MOBILE APP CALLED UPRAY, EASY TO DOWNLOAD AND USE. AT SILENT UNITY YOUR REQUEST IS HELD IN PRAYER FOR 30 DAYS. WE ALSO HAVE A CONFIDENTIAL PRAYER REQUEST BOX IN THE SOCIAL AREA.

WELCOME TO ALL OUR NEW ATTENDEES, AS WELL AS OUR OLD FRIENDS. WE VALUE YOUR PRESENCE PLEASE FEEL AT HOME IN YOUR SPIRITUAL COMMUNITY, FOLLOW US ON FACEBOOK

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