




Welcome to October! Lets celebrate “I” health for 2020 vision. Lets face it we do have different ways of seeing in addition to the obvious 2 eyes in our head. In fact sometimes what we observe with our physical eyes is not really real because we mostly see what we expect to see. “A Course in Miracles” states that nothing in itself has any meaning and we give everything we see all the meaning it has for us (workbook lessons 1 & 2.) As we look at another person or a scene, we subconsciously and instantly attach meanings and often judgments to them whether or not we’ve seen them before. Our computer like brain compares & contrasts based on past experiences and what we have been taught practically since birth! The mind is decidedly uncomfortable if it doesn’t *know* so it fills in the blanks with prior experiences or learned “facts” until it reaches a level of comfort, often leaving us with little or any actually new experiences. When we are awed, amazed, astonished or astounded it

is because we have an experience so fresh and new that we have nothing to compare it with so we can’t make a quick judgment. That is a great place to begin! We can do this with some practice; we can disengage the ego “I” and connect to our inner “I”. The ACIM workbook lessons are a good place to start to learn to unlearn. Meditation is another helpful tool. Try closing your eyes for 4 or 5 minutes & just observe your breath, then slowly open your eyes. Notice that it takes a little longer for your mind to kick in with a decision about what you see. And, in this short span of time, lies a world of possibilities for your real self to see the real world. See what you long to see, what brings you joy and peace -see what makes you feel good!. October is a prime time to practice this. As we are bombarded with political ads, opinions and divisions, we can begin to see more clearly and remain more calm. We can all have 20/20 *inner vision* even in 2020!

I AM RESPONSIBLE FOR WHAT I SEE. I CHOOSE THE FEELINGS I EXPERIENCE AND I DECIDE UPON THE GOAL I WOULD ACHIEVE & EVERYTHING THAT SEEMS TO HAPPEN TO ME I ASK FOR AND RECEIVE AS I HAVE ASKED. – ACIM, Ch 21

Dr Jim Lockard will be our Guest Speaker Oct 11 at 10 AM! Dr Jim is an ordained minister, speaker, author, blogger, coach, and consultant. He is a long time New Thought leader and is author of “*Creating the Beloved Community*” which was studied by our Board of Trustees. He also authored “*Sacred Thinking, Awakening to Your Inner Power*” and currently teaches a yearly 9 month long small group course in Metaphysical Psychology. Check out his blog at NewThoughtEvolutionary.wordpress.com. Our co-minister Natalie Lehman attended a Science of Mind Church he led in Maryland and both ministers know him through classes and lunches as well.

Thank-You!! To our volunteers who assist with the morning service, to you who so generously support us financially & to each of you for your awesome spiritual support! 
Reminder: checks can be mailed to the address below; contributions can be made via Facebook & our website.

*Divine love flowing through me blesses & multiplies all that I have, all that I give & all that I receive.
Traditional Unity love offering blessing.*

Volunteer of the Month: Jerry Bolin!

We miss seeing Jerry in person when we are treated to great smiles and hugs. Jerry joined Unity of the Mohave Valley six years ago. Early on, he offered a Qigong workshop at Unity. The room was packed! He continues to teach Qigong and share readings from the Tao Te Ching at Yoga Prana. Many people have come to Unity because they heard about it from Jerry and his classes. He has blessed us with his calm and peaceful voice guiding us in

meditations many a Sunday morning. Jerry co-facilitated one of our conscious living groups in 2016 and is a caller for Unity Bingo! He often makes the coffee we enjoy when we arrive at the Shrine building on Sunday mornings. Jerry's presence warms our hearts. He has a way of making everyone feel special with his loving spirit of service, always eager to help and support. You're awesome Jerry and we so love & appreciate you!

*The I of the Storm- New Zoom class led by Rev Natalie
Fridays from 6:30 to 8 pm in November!*

In *The I of the Storm* we will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help us function from our heart center, demonstrate Unity principles, and complete a 21 day reconciliation process. Look for more details on Facebook and email.

Weekly Times to remember:

Sundays: 9:30 am, join us for meditation;

10 am: Sunday service, all live on Facebook & Zoom

Tues, 6pm on Zoom: A Course in Miracles study group facilitated by Bo Stewart. Whether you are a long time ACIM student, just beginning or just curious feel free to zoom in any Tuesday, no obligation.

Wednesdays: 6 pm: Meditation with Agneta Bylund, RScP. Live on zoom & Facebook.

Thursdays: 6 pm: on Zoom: Check-in and Power of Eight intending. Anyone who wishes to connect for a brief check-in, catch-up time, ending with 10 minutes of powerful intending, join at anytime.

Fridays: 5 pm , Kirtan with Madhavaya live on Facebook. You can join the group on Facebook or look on FB for *lasvegas-kirtan mantra meditation*. Enjoy this powerful chanting of the names of God. Kirtan is very healing, relaxing & centering.



October Dates:

Oct 11: Jim Lockard-guest speaker 10 am. On Zoom & Facebook

Oct 12: Columbus Day, Indigenous Peoples' Day. 14 states and many cities celebrate Native people in place of or in addition to Columbus Day which is a federal holiday.

Oct 29: Mawlid-al-nabi: Celebrated by many, but not all, Muslims as the birthday of the Prophet Mohammed.

Oct 31: Fall Parkway Cleanup. This will be our first in-person gathering since March! Meet at 8 AM at the Parkway Circle K! Trash bags, gloves, water and masks provided! It's fun! And it's a great service to our community and the world!

Halloween, All Hallows Eve, a time to enjoy seeing everyone's creative costumes and hand out candy to trick or treaters! May all be safe and joyful on Halloween!

PRAYER IS ALWAYS EXTREMELY IMPORTANT TO US AT UNITY.

SILENT UNITY IS AVAILABLE 24 HOURS A DAY TO PRAY WITH YOU. CALL 1-816-969-2000 OR 1-800-NOW-PRAY

YOU CAN ALSO SUBMIT PRAYER REQUESTS ONLINE AT WWW.UNITY.ORG/PRAYER &/or download the *Upray* app.

OUR LOCAL PRAYER TEAM IS HERE FOR YOU! WE HAVE A POWERFUL PRAYER CIRCLE! SEND PRAYER REQUESTS TO THE MINISTRY EMAIL.

JOIN US ON FACEBOOK, CHECK OUT OUR WEBSITE TOO! WE WELCOME YOU AND WE VALUE YOUR PRESENCE!

Natalie Lehman and Barry Terwilliger, Co-Ministers.

Newsletter Editor.....Ginny Fletcher.....ginnyg46@yahoo.com

Website: www.unityofmohavevalley.org phone: 928-763-6605, email: unityofmohavevalley@gmail.com

Address: Unity of the Mohave Valley, PO Box 21086, Bullhead City, AZ 86439

Facebook group: *Connecting with Unity Spiritual Center of the Mohave Valley*